

4Life® Transfer Factor GluCoach™



TARGETING GOOD HEALTH THROUGH BALANCE

Maintaining healthy glucose (sugar) levels is an important part of pancreatic health and an even more important aspect of good health for millions of people around the world. Metabolic and endocrine disorders keep your body from producing or properly using insulin, a hormone that is needed to convert sugar, starch and other foods into energy needed for daily life.

4Life Transfer Factor GluCoach is formulated to promote healthy glucose levels[†] in the body and provide comprehensive support to both the metabolic and endocrine systems. In addition to patented Targeted Transfer Factor that helps combat infection-causing inflammation, directly linked to metabolic and endocrine disorders, Transfer Factor GluCoach also includes additional minerals, herbs and phytonutrients that have been clinically shown to support healthy hormone production, improve glucose tolerance and promote pancreatic health.

Key Points

- **Supports Healthy Metabolic Function:** Pterocarpus marsupium, momordica charantia (bitter melon) and gymnema sylvestre are all well known for promoting balanced glucose levels. Both pterocarpus marsupium and gymnema sylvestre have also demonstrated an ability to regenerate and revitalize the insulin producing beta cells of the pancreas. Bitter melon has also been shown to support glucose tolerance and help the body process sugars by acting as a mediator between the body's cells and insulin already produced by the pancreas. It blocks the formation of glucose in the bloodstream and breaks down the barrier that prevents cells from using their own natural insulin.

Ginseng and fenugreek are two other elements that have been shown to promote healthy glucose and cholesterol levels.[†] In addition, improved glucose tolerance and healthy insulin function are further supported with chromium and vanadium. Each of these elements have been shown to support healthy sugar levels and control conditions such as insulin resistance. Deficiencies in chromium and essential fatty acids have a direct link to impaired insulin action.

- **Strengthens Immune Response:** Researchers are beginning to uncover the crucial role that inflammation plays in a host of situations.

Transfer factors are tiny molecules that transfer immunity information from one entity to another. Transfer factors provide effective support to the immune response, allowing your body to respond quickly and efficiently to health threats. 4Life Transfer Factor GluCoach provides excellent support to your metabolic and endocrine systems. It features the superior power of Targeted Transfer Factor to help modulate your immune system and increase its effectiveness, improving its ability to respond appropriately so that inflammation doesn't get out of control.

- **Provides Antioxidant Support:** Alpha lipoic acid (ALA) has been shown to be an important antioxidant for people suffering from metabolic and endocrine disorders. Providing important antioxidant support to help protect against the often damaging secondary effects of these disorders, such as nerve damage. There is also evidence that ALA can help decrease insulin resistance and thus help control blood sugar.

Did you know?

Recent reports provide increasing evidence that low-grade inflammation is involved in the progression of Type 2 diabetes and associated complications. Elevated levels of some inflammatory markers in the body can often predict the development of Type 2 diabetes. And, several drugs with anti-inflammatory properties have been shown to lower these markers as well as sugar levels.

Diabetes was the sixth leading cause of death listed on United States death certificates in 2000.
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

The American Diabetes Association reports that there are 18.2 million people in the United States who have diabetes. While an estimated 13 million have been diagnosed with diabetes, more than five million people are unaware that they have the disease.

Diabetes is divided into two major subgroups: Type 1 and Type 2 diabetes. The sugar level problem in Type 1 diabetes is caused by an autoimmune response of insulin deficiency and in Type 2 by insulin deficiency or insulin resistance. Insulin deficiency means there is not enough, or any, insulin being made by the pancreas due to a malfunction of their insulin producing cells. Insulin resistance occurs when insulin is being made by the pancreas but the cells of the body are resistant to its action, which results in sugar levels being too high.

Technical Point

- 4Life Transfer Factor GluCoach is the third Targeted Transfer Factor product from 4Life and is backed by an exclusive patent (US Patent 6,468,534) for obtaining specialized transfer factors from egg yolks.

4Life strongly recommends the use of BioEFA in combination with 4Life Transfer Factor GluCoach.



DIRECTIONS: Take four to six (4-6) capsules daily with 8 oz of water

Serving Size: One (1) Capsule
Servings Per Container: 120

Supplement Facts

Amount Per Capsule	% DV*
Chromium (nicotinate)	70 mcg 58%
Targeted Transfer Factor	50 mg **
A patented extract containing Targeted Transfer Factor from cow colostrum and egg yolk	
Pterocarpus marsupium	200 mg **
Fenugreek	50 mg **
Momordica charantia	35 mg **
Gymnema sylvestre	25 mg **
Korean Ginseng	20 mg **
Alpha Lipoic Acid	30 mg **
Vanadium (bis-glycinate oxo vanadium)	150 mcg **

*Reference Daily Intake (RDI)

**Daily Value (DV) not established

Other ingredients: gelatin capsule

Ordering Information

Item #29001 - 120 ct/bottle

[†]Refers to healthy levels for those individuals already in a normal range.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease. For use in the United States.